

Welcome to

THE FORK & FURROW

WARM CIABATTA

with oils and herb de Provence olives \mid ve gfo

6.00

S M A L L P L A T E S

GRILLED LEMON AND HERB KING PRAWNS

with sweet chilli jam | GF

8.00

BOSSAM BELLY PORK

with baby $\operatorname{\mathsf{gem}}$ and fragrant jasmine rice

7.00

CALAMARI

with burnt lemon and garlic aioli \mid GF

7.00

THAI FISH CAKES

with chilli, spring onion and sesame dipping sauce

7.50

GRILLED HEART OF RUMP

with watercress, sea salt and white wine vinegar crisps $\mid \mathbf{GF}$

8,50

SLOW ROASTED BBQ PULLED PORK SLIDERS

with onion seed slaw

7.50

TOMATO, PINE NUT & ROCKET BRUSCHETTA

GFO V

6.00

PATATAS BRAVAS

in a warm sweet & sour chunky tomato sauce with garlic aioli \mid ve gf

6.00

BLISTERED PADRON PEPPERS

with Cornish sea salt | ve gf

5.00

PARMESAN, BLACK TRUFFLE CROQUETTES

with tomato and garlic salsa | v gfo

7.00

CAPRESE SALAD

marinated beef tomatoes, buffalo mozzerella, balsamic and basil $\mid v \: \text{GF}$

5.00

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FORK & FURROW HOMEMADE PIE

with green veg and a choice of either triple cooked chips or creamy mash \mid vo 16.00

8° Z STEAK BURGER

topped with Swiss cheese, bacon jam, house relish, truffle mayo served on a 'THE LOAF' seeded brioche bun with triple cooked chips 16.00

LAGER & MALT VINEGAR BATTERED HADDOCK

with garden peas, burnt lemon, house tartare sauce and triple cooked chips \mid GFO 16.00

GRILLED 12° RIBEYE STEAK

with confit beef tomatoes, garlic & herb chestnut mushroom, triple cooked chips and peppercorn sauce \mid GFO 26.00

MELENZANE

layers of aubergine, courgette, rich tomato sauce, topped with mozzarella and parmesan with triple cooked chips

16.00

SALAD BAR

CAESAR SALAD

baby gem, garlic & herb croutons, parmesan, anchovies, pancetta and house Caesar dressing \mid GFO \mid 12.00

NIÇOISE SALAD

potatoes, green beans, baby plum tomatoes, boiled egg, herb de Provence olives, wilted spinach and a lemon & parsley olive oil | GF

add sea bass or chicken to your salad for 6.00

ON THE SIDE

triple cooked chips 4.00 (gf) | alpine chips 6.00 (v gf) | onion rings 4.00 (ve gfo)

garlic bread 4.00 (v gfo) | green vegetables 4.00 (gf ve) | Yorkshire blue cheese sauce 2.00 | Diane sauce 2.00

SEARED SEA BASS & CLAMS

with sautéed potatoes, grilled asparagus, spinach, vine tomato, caper and lemon beurre noisette \mid GF 18.00

ROASTED CHICKEN SUPREME

with dauphinoise potatoes, grilled baby gem, wild mushrooms, pancetta and chicken broth \mid GF 18.00

DERBYSHIRE PORK CUTLET

with black pudding croquette, sauekraut, pork puff, apple and wholegrain mustard sauce 18.00

GOCHUJANG STIR FRY

with spring onion, bean sprouts, sesame, vermicelli noodles, mange tout, tenderstem broccoli and crispy marinated tofu \mid vermicelli noodles, mange tout, tenderstem broccoli and crispy marinated tofu \mid vermicelli noodles, mange tout, tenderstem broccoli and crispy marinated tofu \mid vermicelli noodles, mange tout, tenderstem broccoli and crispy marinated tofu \mid vermicelli noodles, mange tout, tenderstem broccoli and crispy marinated tofu \mid vermicelli noodles, mange tout, tenderstem broccoli and crispy marinated tofu \mid vermicelli noodles, mange tout, tenderstem broccoli and crispy marinated tofu \mid vermicelli noodles, mange tout, tenderstem broccoli and crispy marinated tofu \mid vermicelli noodles, mange tout, tenderstem broccoli and crispy marinated tofu \mid vermicelli noodles, mange tout, tenderstem broccoli and crispy marinated tofu \mid vermicelli noodles, mange tout, tenderstem broccoli and crispy marinated tofu \mid vermicelli noodles, mange to the properties of the propert

TO FINISH

STICKY TOFFEE PUDDING

with candied apricot, toffee sauce and vanilla pod ice cream \mid GF v

FORK AND FURROW CRUMBLE

topped with spiced oats and served with vanilla pod ice cream \mid GFO V 7.00

SELECTION OF ENGLISH CHEESES

with crackers, grapes, celery and chutney $\mid v$ 10.00

TRIPLE CHOCOLATE BROWNIE

with candied pecans, caramel sauce and vanilla pod ice cream \mid GFV 7.00

STRAWBERRIES & CREAM

topped with meringue and tarragon $\mid v \, GF \mid$