

Welcome to

THE FORK & FURROW

TAPAS

BREAD AND OLIVES

6.00

BLISTERED SALT AND PEPPER PADRON PEPPERS

| GF, DF, VG| 5.00

PATATAS BRAVAS

parmentier potatoes in a hot tomato sauce with basil & garlic aioli | GF, DF, VG | 6.50

OLD BAY BUTTERMILK CHICKEN WINGS

with homemade red jalapeno jam | GF | 7.50

SALT AND PEPPER SQUID

with lemon and herb mayo | DF |7.50

SLOW COOKED BELLY PORK

with pork scratchings and sauerkraut | GF, DF | 7.50

ROASTED CHORIZO

with mixed peppers, deglazed in sherry and honey \mid GF 7.50

CLASSIC FREE RANGE EGG SPANISH TORTE

with tomato salsa and chives $|\ GF,\ V\ |$ 6.00

HERITAGE TOMATO AND RED PEPPER BRUSCHETTA

spring onion and parsley | GFO, DF, VG | 7.00

CAPRESE SALAD

with heritage tomato, buffalo mozzarella & basil \mid GFO, v \mid 6.50

BLACK BOMBER MATURE CHEDDAR & CHIVE CROQUETTES | GF, V |

6.50

BBQ PULLED PORK SLIDER

with ranch slaw | GFO |

7.50

PUB CLASSICS

FORK & FURROW HOMEMADE PIE

with green vegetables and a choice of either triple cooked chips or creamy mash | vo 18.00

8° STEAK BURGER

topped with Swiss cheese, bacon jam, house relish, truffle mayo served on 'THE LOAF' seeded brioche bun with triple cooked chips

CORNISH SEA SALT AND WHITE WINE VINEGAR BATTERED HADDOCK

with garden peas, burnt lemon, house tartare and triple cooked chips | GFO 17.00

MELENZANE LAYERS OF AUBERGINE AND COURGETTE

in a rich tomato and basil sauce topped with buffalo mozzarella, triple cooked chips | GF, VGO, DFO | 16.00

CLASSIC HOMEMADE BEEF, PORK & PANCETTA LASAGNE

with garden salad

18.00

CHICKEN SUPREME

with dauphinoise potato, wild mushrooms, leek, baby gem lettuce and pancetta chicken broth | GF 19.00

GRILLED 12° RIBEYE STEAK

with confit vine ripened tomato, garlic and herb de province flat mushroom and triple cooked chips add peppercorn or stilton sauce 3.00

PENNE ARRABIATA

rich and spicy tomato sauce with penne pasta and garlic bread \mid GFO, DF, VG \mid 13.00 add chicken 6.00

ON THE SIDE

triple cooked chips 4.00 (gf, df, vg) | parmesan & truffle fries 6.00 (v, gf) | Cornish sea salt and white wine vinegar onion rings 4.00 (ve, gf, df) | garlic bread 4.00 (df, gfo, vgo)